

CDH ENDOSCOPY CENTER

EGD Prep Instructions

Endoscopy (EGD): This examination has been recommended to you. This exam involves guiding a tubular, flexible instrument through your mouth and into your esophagus, stomach, and first portion of your small intestine.

PLEASE READ ALL INSTRUCTIONS CAREFULLY WHEN PROCEDURE IS SCHEDULED

5-7 DAYS PRIOR	ONE DAY PRIOR	THE DAY OF PROCEDURE
<div data-bbox="359 407 436 483" data-label="Image"> </div> <p>If you take medication to thin your blood, such as Coumadin (warfarin), Plavix (clopidogrel), Xarelto (rivaroxaban) or Pradaxa (dabigatran), Eliquis (apixaban), Aggrenox (aspirin/dipyridamole), etc., ask the doctor that prescribed it for instructions prior to stopping the medication.</p> <p>-Aspirin should be continued as usual</p> <p>-Arrange for a driver on the day of your procedure.</p> <p>DIABETICS: Call the physician who manages your diabetes for medication dosing instructions for day of procedure.</p>	<p>YOU MAY HAVE YOUR NORMAL DIET UNTIL MIDNIGHT</p> <p>Confirm that you have a driver for the day of the procedure. A taxi or bus is NOT allowed unless you are accompanied by a family member or friend.</p> <p>Continue your normal medication routine.</p> <p>Review paperwork: Notice of Privacy Practices What to bring with you: <ul style="list-style-type: none"> • Insurance cards • Photo ID </p>	<p>DO NOT EAT OR DRINK ANYTHING TODAY PRIOR TO PROCEDURE.</p> <p>DIABETICS: Follow instructions from the physician who manages your diabetic medications.</p> <p>If you are Insulin dependent, do not take your morning dose of insulin. - Please bring your insulin with you to procedure center. We will check your blood sugar before the procedure.</p> <p>You may take your essential morning medications with a few small sips of water, but it must be at least 4 hours before your exam.</p> <p>Drinking liquids after midnight will cause us to cancel or postpone your procedure. Also no gum, hard candy, mints or tobacco products for 4 hours prior to procedure.</p> <p>Please call 440-953-1899 for any questions.</p> <p>Date of procedure: _____</p> <p>Arrive at CDH in Willoughby @ _____</p>